

Celebrating Women.....Expanding Strengths for Today's Challenges

Texas AgriLife Extension is hosting a conference to celebrate the uniqueness of women, while equipping them with practical information to face today's challenges. This event will be held on Friday, June 29, 2012 at Emory Baptist Church.

The mission of this conference is to provide encouragement, support, and valuable resources to help women expand their strengths for the challenging world we live in today. Some of the highlights of the event will include keynote speaker Sherry Kulwicki from Firmly Planted Ministries, Stretching Your Food Dollar Cooking Demonstrations, and a deliciously catered meal from Vicki's Cakes and Catering. There will be exhibitors on hand to assist you with questions regarding financial matters, free health services, nutrition, important health topics, beauty tips, and even some great shopping opportunities! Atmos Energy is providing **FREE** Financial Literacy Books to the first 100 women who register for the conference.

There will also be three concurrent Sessions you can attend throughout the day. The sessions offered are:

Simple Car Maintenance

Learn how to check the oil, check tire pressure, locate the spare tire and tools, and more on a real care.

Simple Budgeting Tips

Practical, useful advice on how to set up a household budget and stick to it! Learn how to budget for those unexpected expenses.

ReNewed....The Art of Repurposing Home Goods

Local business woman will demonstrate how to stretch your decorating budget by shopping at resale shops and garage sales. She will also do hands-on demonstrations of how to decorate with these treasures.

Entrepreneurship

Get useful information on the steps, pros, and cons to starting a home-based business.

Starting Over, Starting Out

Basics that all women need to know about bank accounts, savings, insurance of all kinds, and other financial information.

Preparing for Today's Job Market

This session will help prepare you to be successful in today's job market by teaching you how to write a resume, conduct a job search, appropriate dress and behavior for a job interview, and more!

We are also providing free childcare for the day. Lunch and snacks will also be provided for the children.

The cost is \$10.00, which includes lunch. The deadline for registration is Friday, June 15, 2012. Registration forms may be picked up at the Texas AgriLife Extension Service office or call us at 903-473-4580 and we can mail one to you. Don't forget that the first 100 registrants receive a FREE Financial Literacy book! Please feel free to contact us for more information or questions.

We look forward to sharing this exciting and informative day with you!